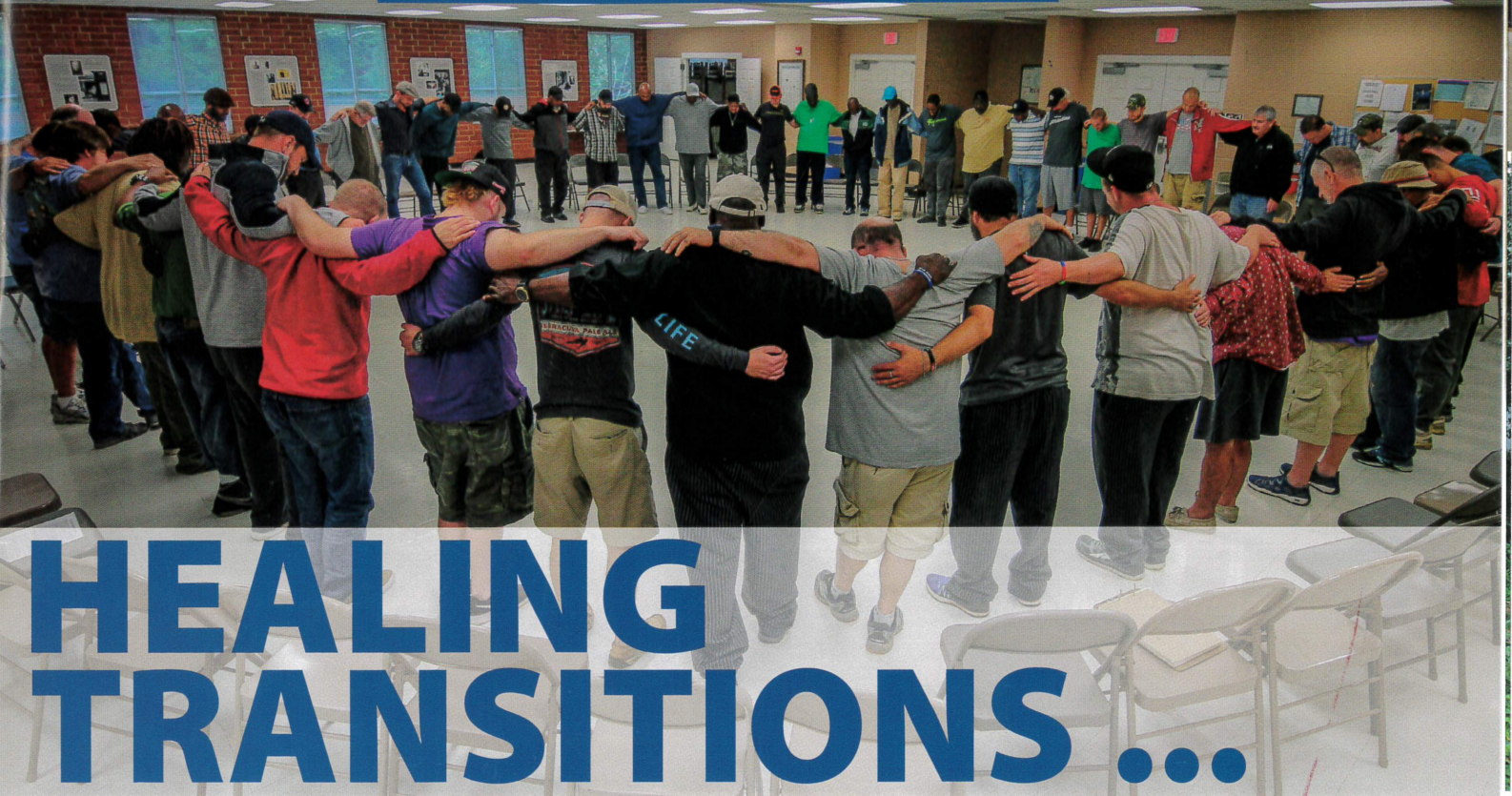


neighbor making a difference

Written and photos provided by: **Bear McBride**, Communications Coordinator
Non-Profit by resident: **Mary Moss**, Partner, moss+ross



HEALING TRANSITIONS ...

Imagine this: you wake up one morning next to a water heater that sits in the basement of a building. You get up, brush the dust off of your tattered clothes, and crawl out of the hole that you found in the brick outer-wall. Usually, you turn left to see the dealer on the corner. But today, desperate for change, you turn right and make your way toward the bus stop. On your ride, an array of snapshots from the last 5 years of your life pass through your mind's eye.

- The time you were prescribed painkillers for the injury you suffered at work.
- The moment you tried heroin for the first time, because your insurance wouldn't cover the painkillers any longer.
- The second you realized that drugs had taken a complete hold of your life.
- The day your kids were taken away from you, followed 20 minutes later by walking, in tears, back from the dealer who gave you what you needed to numb the pain.



As you step off of the bus, you arrive at Healing Transitions broken, sick, and tired. A woman greets you with a smile and gladly welcomes you in for a shower, a hot meal, and a real bed to sleep in. For the first time in years, you are being treated like a normal human being.

That glimpse of hope helps you decide to stay and give recovery a chance. And for the next 14 months, you attend recovery classes, take life-skills courses, and build a network of support that will stay with you for the rest of your life.

Today, you have a home, pay your taxes, and your kids are back in your life.

At Healing Transitions, our mission is to provide recovery-oriented services to homeless, uninsured, and underserved individuals struggling from alcoholism and other drug addictions in Wake County.

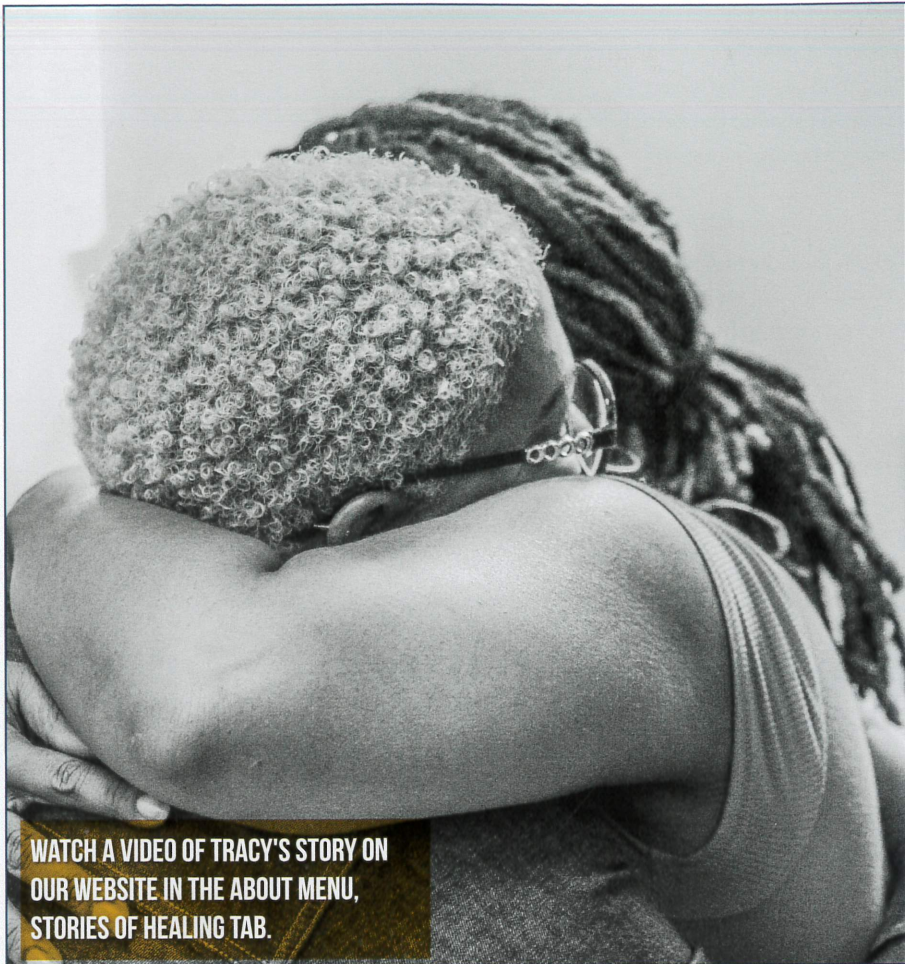
We also provide support for families who have been affected by addiction.

We believe that all people struggling with addiction deserve services on demand - as many times as it takes - to find recovery. We currently serve over 320 men and women *every single day*, and as that number continues to grow, we are in need to expand our campuses to continue to provide to those in need.

For more information on how you can help give hundreds of people a chance at recovery, visit our website: healing-transitions.org.

 **HEALING TRANSITIONS**
A Place for Recovery

moss
10+
ross
years



WATCH A VIDEO OF TRACY'S STORY ON OUR WEBSITE IN THE ABOUT MENU, STORIES OF HEALING TAB.

RECOVERY FOR ALL

At Healing Transitions, we're all about freedom and dignity. Freedom from addiction through long-term recovery. And dignity through a non-medical detox and overnight emergency shelter. We're here for all people, under the influence or not, and regardless of readiness for change. Because everyone needs a glimpse of hope to believe life can get better. And even one encounter with the 300+ people we serve every night might just save their lives. So, whatever brings them here, and however long they're willing to stay, our doors are always open. As many times as it takes.

HEALING TRANSITIONS
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