



*No matter
what*

 HEALING
TRANSITIONS

2022 ANNUAL REPORT

The Healing Transitions *difference.*

At Healing Transitions, we're all about freedom, dignity, and hope. We do this through a long-term recovery program, a non-medical detox, and an emergency shelter. We make it our mission to see the potential that exists in each person, even when they are at their lowest point. We're here for all people, under the influence or not, and regardless of readiness for change. Because everyone needs a glimpse of hope to believe life can get better. And even one encounter with someone in our village (whether participant, alumni, or staff) might just save their lives. So, whatever brings them here, and however long they're willing to stay, our doors are always open. **No matter what.**

VISION

We envision a community where addiction is treated as a health issue and no one dies waiting for services.

BELIEF

We believe that all people struggling with addiction (especially the homeless, uninsured, and underserved) deserve services on demand – as many times as it takes – to find recovery. And we never turn away anyone who's seeking help. **Because recovery can't wait.**

MISSION

We offer innovative peer-based, recovery-oriented services to homeless, uninsured, and underserved individuals with alcoholism and other drug addictions. Our program is specifically designed to rekindle a person's desire and ability to return to a meaningful and productive life.

“The help and support from Healing Transitions is the only reason I am alive today. It is more than recovery for me. It's learning to be in action for a healthier life in every aspect.” – Frank, participant



A Year in *review*.

2022 marked yet another year of record-breaking demand, and we were quickly reminded of our overwhelming need for more space. After nearly two years of operating at a reduced capacity due to a global pandemic, our average daily census returned to pre-COVID numbers by mid-2022, and we closed out the year with the highest numbers on record. Thank you to our incredible recovery village and committed staff for doing whatever it takes to serve those in need **no matter what**.



2,775
PEOPLE SERVED
(UNDUPLICATED)



\$414,359
IN ALUMNI
TAX WITHHOLDINGS



1,906
FORMER
PARTICIPANTS
CONTACTED FOR
ADDITIONAL
SUPPORT OFFERINGS

106,969



BEDS PROVIDED



314K

MEALS
SERVED



51
SILVER
CHIP
GRADUATES
(30 MEN, 21 WOMEN)



AVERAGE DAILY CENSUS
(30% INCREASE FROM 2021)



\$41,323
GIVEN IN
PRESCRIPTION ASSISTANCE
(TOTALING 4,603 PRESCRIPTIONS)



PROGRAM COST
PER PERSON/PER DAY



372

PARTICIPANTS
SEEN IN CLINICS



126

FAMILY MEMBERS
ATTENDED FAMILY
SUPPORT GROUPS

2,432
VOLUNTEER HOURS



Our 2022 *milestones.*

CAMPUS EXPANSION

Construction is the new normal around campus these days, and WE LOVE IT! After years in the making, we officially broke ground on expansion efforts at both campuses. Expansion will ultimately allow us to **serve up to 500 total individuals per night** (290 at the Men's Campus and 210 at the Women's Campus), increasing our overall capacity by 200 beds and enabling us to stay true to our promise of never turning anyone away. Anticipated completion is fall 2023 for our Women's Campus and spring 2024 for our Men's Campus. To learn more, visit healing-transitions.org/expansion.



RCW CELEBRATION EVENT

That's a wrap! On April 20, we officially concluded our *Recovery Can't Wait* capital campaign with a celebration to remember! Key supporters from our recovery village – including city, state, and county officials, foundational stakeholders, individual donors, staff, alumni, volunteers, and current participants – all gathered together at Dix Chapel to mark this historic milestone for Healing Transitions. THANK YOU to our village **for raising a staggering \$23.8 MILLION for recovery**, far exceeding our initial \$11.75M goal!



Scan the QR code to watch the celebration video highlighting the culmination of this community's monumental efforts!

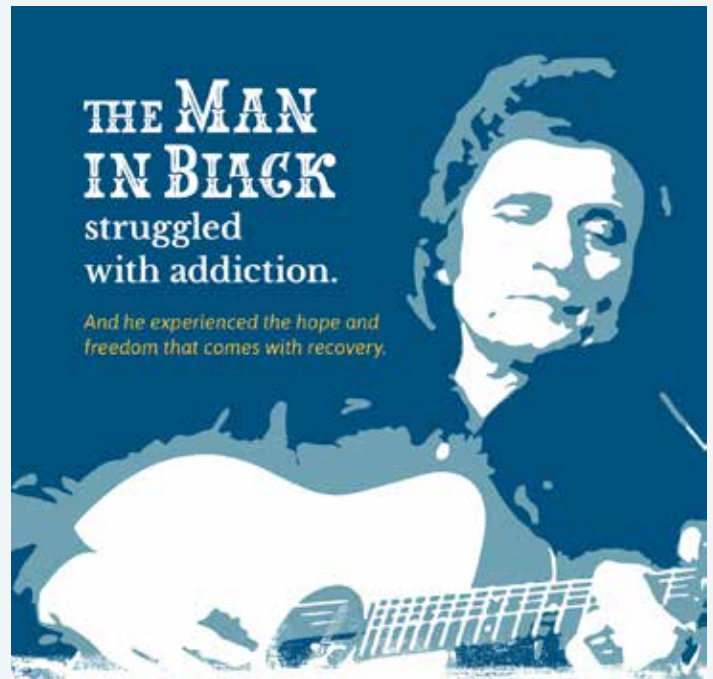
"Coming into HT, I didn't know my next steps in life. After going through the program, I've realized there is an actual life to live." – Tim, alumni

RECEIVED BRIDGE TO HOME GRANT

Raleigh experienced an alarming 68% increase in homelessness between 2021 and 2022. Thanks to Wake County's new **Bridge to Home** service expansion program, which is aimed at helping move as many people as possible from homelessness to permanent housing, Healing Transitions became one of the county's first *Bridge to Home* grant recipients in 2022. The grant enabled us to provide comprehensive services and access to permanent housing for women experiencing homelessness.

COMMUNITY PARTNERSHIP WITH NC THEATRE

There is power in the arts, especially as a tool for overcoming addiction. We were thrilled to announce and launch a new partnership with NC Theatre last April at their debut of Johnny Cash's *Ring of Fire!* From volunteering at the box office to collaborating on flash-mob choreography and all things in between, Healing Transitions is proud to be an **All In: Community Partner of NC Theatre** – a program focused on accelerating diversity, equity, inclusion, and access in theatre since 2017.



5TH ANNUAL OAKWOOD24 RUN/WALK

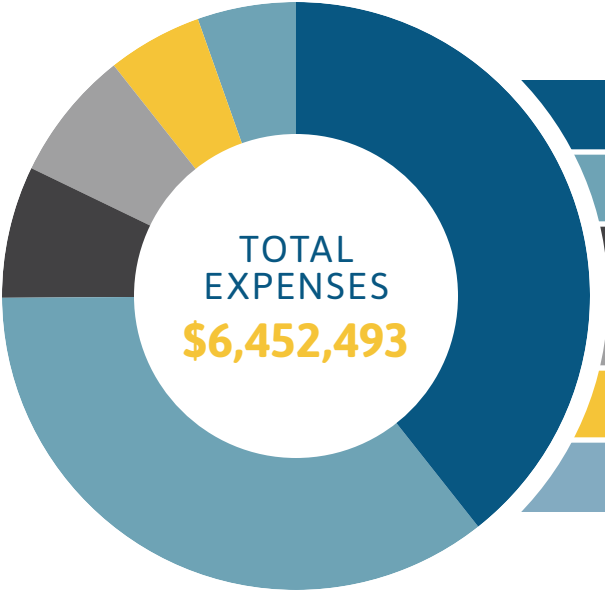
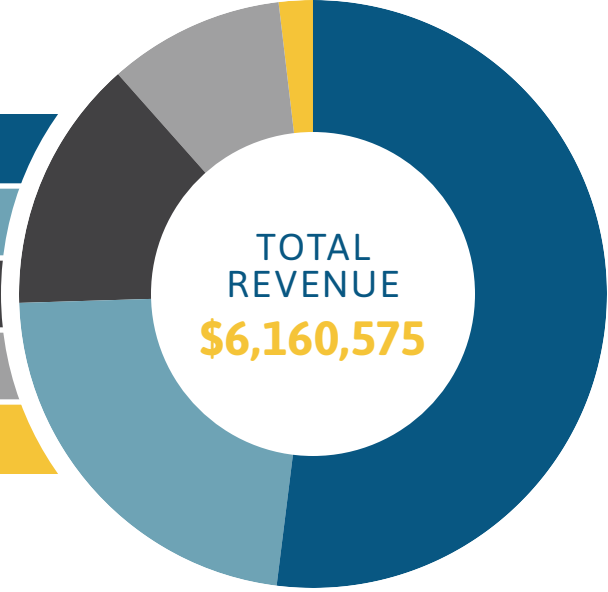
5 years. 500 miles. \$500,000 raised for recovery!

December marked our fifth annual Oakwood24 Run/Walk. Founded by alumni, Jon Frey, this 24-hour community event held every December at the Historic Oakwood Cemetery has raised more than a half a million dollars for Healing Transitions since its inception in 2018 (\$192k+ of which was raised in 2022), and it continues to grow in participation and community support year after year! Thank you Jon for your commitment to both Healing Transitions and our larger recovery community here in Wake County.



Money *talk.*

GOVERNMENT SOURCES	\$ 3,201,884
PRIVATE DONORS	\$ 1,388,773
EARNED REVENUE	\$ 858,416
IN-KIND DONATIONS	\$ 596,264
MISCELLANEOUS SOURCES	\$ 115,238



MEN'S PROGRAM	\$ 2,539,497
WOMEN'S PROGRAM	\$ 2,293,509
ADMINISTRATIVE	\$ 468,420
FUNDRAISING	\$ 464,213
RAPID RESPONDER PROGRAM	\$ 349,853
ENTERPRISE	\$ 337,001

“There’s no reason why I should be alive today, but Healing Transitions gave me a life to look forward to in recovery. I know now my calling is to provide hope to others like HT gave me. I tried to stop using on my own, but now I understand it takes a village.” – Stephanie, alumni + Rapid Responder



Thank *you!*

To each of our **1,599 generous donors** (650 of whom were first-time givers), our **100+ community partners** (including healthcare providers, first responders, employers, nonprofit partners, educational programs, and criminal justice, recovery, faith, fitness, and housing organizations), our **countless volunteers**, and our **unwavering staff**, we thank you! Without you, we could not move our mission forward. We are beyond grateful for your support and commitment to recovery **no matter what**.



Evelyn Booker
Chair

*2022 was a challenging, yet productive and rewarding year. We welcomed three new board members after three wonderful members fulfilled their terms (including our first-ever female alumna, Anita Neville). We also created our first-ever Emeritus leadership position for co-founder, Maria Spaulding. So much to celebrate – including an extremely successful capital campaign, construction at both campuses for expansion, anniversaries, Silver Chip ceremonies, Order of the Long Leaf Pine inductions, resuming the Fred Barber “Legacy of Service” awards, and above all, a dedicated and passionate staff who work so very hard **no matter what** to serve those in need. Thank you to our incredible village – for your endless efforts and commitment to recovery.*

BOARD OF DIRECTORS

Evelyn Booker

Chair

Mark Ezzell

Vice Chair

Jenneth Mitchell

Treasurer

Jeb Jutter

Secretary

Herb Barbee

Director

Eric Barber

Director

Jeff Barnhart

Director

Scott Bilbro, MD

Director

Caitlin Clinard

Director

Jim Foster

Director

David Meeker

Director

Dorinda Powell-Adams

Director

Mick Quinlin

Director

Maria Spaulding

Emeritus

Chris Valauri

Director

BOARD OF TRUSTEES

Jerry Weaver

Chair

Richard Gaylord

Vice Chair

David Fitzpatrick, PhD

Past Chair

Scott Mauzy

Secretary / Treasurer

Evelyn Barber

Trustee

Doug Ford

Trustee

Bob Goodale

Trustee

Barbara Goodman

Trustee

Susanne Hayes

Trustee

Darryl West

Trustee

Leon Woodruff, MD

Trustee

Our leadership.

Real *people.* Real *stories.*



In December 2022, our **1,000th silver chipper graduated** from our long-term recovery program!

Healing Transitions has helped thousands find recovery over the last 20+ years, but it takes a very special man or woman, combined with an unwavering commitment, to stick around long enough to become a silver chipper.

Meet Paul Baker. He'd be the first to tell you he's no better than any who've come before him or any who'll come after him. He just happens to be silver chipper #1,000, which everyone around here thinks is pretty cool.

Paul first walked through our doors in June 2006 and stayed six months before leaving. We didn't share another encounter with Paul until 15 years later. On September 21, 2021, Paul says God led him back to Healing Transitions to finish what he'd started. The rest is history!

Read Paul's full story of healing by scanning the QR code or by visiting healing-transitions.org/paul.



(919) 838-9800
philanthropy@healing-transitions.org

healing-transitions.org



**MEN'S CAMPUS /
ADMINISTRATION**

1251 Goode St.
Raleigh, NC 27603

WOMEN'S CAMPUS

3304 Glen Royal Rd.
Raleigh, NC 27617