



150+ people die every day from a fentanyl-related overdose*

Knowing the signs and acting quickly can save a life.

*CDC National Center for Injury Prevention and Control, Division of Drug Overdose Prevention. June 2023.

KNOW THE *signs*

- ▶ cold and clammy skin with a bluish tint (lips and fingernails)
- ▶ unresponsive, unable to be awakened as if in a deep sleep
- ▶ very small pupils
- ▶ limp and relaxed body
- ▶ choking, gurgling, snoring, or vomiting
- ▶ slow, irregular, or stopped breathing and/or heartbeat

WHAT TO DO *next*

- ▶ call 911 immediately
- ▶ administer NARCAN (or another overdose-reversal medication) if available
- ▶ stay with the person and monitor their breathing until help arrives

Acting quickly can save a life. If the overdose occurred within Wake County and EMS administered an overdose-reversal medication, Healing Transitions' Rapid Responders will visit the person 24-72 hours after the overdose event. If someone is in need of harm reduction supplies or would like to connect with the Rapid Responder program, they can call **(919) 703-6290**.

OUR DOORS ARE ALWAYS OPEN.

Recovery is possible.

MEN'S CAMPUS & ADMINISTRATION

1251 GOODE STREET

RALEIGH, NC 27603

(919) 838-9800

WOMEN'S CAMPUS

3304 GLEN ROYAL ROAD

RALEIGH, NC 27617

(919) 838-9800

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