



*Rising to  
the challenge  
Together*

 **HEALING  
TRANSITIONS**

2024 ANNUAL REPORT



# Standing *together*.

Dear Friends,

April 2025

As I sit to collect my thoughts and reflect on 2024, I find myself overwhelmed with a sense of immense gratitude. Gratitude for YOU — our unwavering village — and gratitude for our incredibly talented and dedicated Board of Directors, staff, and participants. Without the tireless resolve of both groups, our mission would not be possible. But **together**, the power of their collective efforts fuels our ability to offer *innovative peer-based, recovery-oriented services to homeless, uninsured, and underserved individuals with alcoholism and other drug addictions* — as many times as it takes. I am deeply reminded that our life-saving recovery work is never done through individual efforts alone. Recovery not only requires courage, commitment, and compassion, but it also demands that we **STAND TOGETHER** in community and collaboration no matter what!

**And strong we stand.** In 2024, we served more people, provided more beds, and managed a higher census than any other time in our 23-year history. We rose to (and through) many challenges **together**, and our commitment to those seeking recovery remained steadfast, ensuring that **every** person in need of help receives the resources and support they need to **reclaim their lives**. Furthermore, thanks to your overwhelming generosity during our Recovery Can't Wait Capital Campaign, we've successfully completed the expansion at our women's campus, and the finish line for our men's campus expansion is now within reach!

In addition to programmatic successes, our alumni had incredible wins in their personal lives too. Tracy, our Director of Recovery Services (and Silver Chip Alumnus #110), graduated from college as the first in her family. And Myron, Silver Chip Alumnus #490, is now serving as a public defender — giving back to the community in a profound and powerful way. After all, it's always been the people of Healing Transitions who make this place what it is. Just like our beloved Raeford (Silver Chip Alumnus #85) who passed last May after serving as our Men's Campus Shelter Monitor for the last 20+ years. His legacy has had an immeasurable impact on thousands of lives, including program participants, alumni, family, friends, and the broader community. And his influence will forever live on.

This report is a testament to **YOUR** unwavering commitment to hope and healing for every person who walks through our doors. Thank you. As we reflect on a year of standing strong together, my hope is that we will be propelled forward into another year of meeting the growing demand for our services with the capacity and resources necessary to foster lasting change.

One day at a time,



Chris Budnick, Executive Director



*"Healing Transitions saved my life. Not the life that I was living, but the life that I was always meant to live. There's nothing I can ever do to repay the people who gave me the chance to change and taught me so much about myself. For that, I will forever be grateful."*

— HT Participant

# Our 2024 *milestones*.

## FREEDOM HARVEST INAUGURAL CELEBRATION

In the fall, we had the privilege of dining in style while celebrating recovery with renowned chef and Healing Transitions Board member, Scott Crawford. Known for both his culinary brilliance and his unwavering support of the recovery community and various other charitable causes, Scott graciously chose to commemorate his 20 years of recovery with Healing Transitions by hosting a dinner at our newly renovated women's campus. The Freedom Harvest not only honored his incredible journey but also celebrated the resilience of our participants and those in sustained recovery, all while raising essential support for our mission. We are thrilled to announce that the Freedom Harvest is here to stay, and we hope you'll join us for an unforgettable evening this October (*more details coming soon*). To learn more, visit [healing-transitions.org/scott-crawford](https://healing-transitions.org/scott-crawford).

## 'RECOVERY CAN'T WAIT' RIBBON CUTTING

Our women's campus expansion is finally complete, which means our participants are no longer sleeping on floor mats due to lack of space! Alongside former Raleigh Mayor Mary-Ann Baldwin and former Wake County Commissioners Chair Shinica Thomas, our Village gathered in early October at our stunning new Community Center to celebrate this remarkable milestone made possible thanks to the generosity of hundreds. The RCW expansion features an upgraded shelter, new bathrooms, a renovated kitchen and dining area, and a brand-new community building for classes and peer fellowship. If you've yet to see the new space, we hope you'll pay us a visit soon for your own personal tour! To learn more about this monumental campaign, visit [healing-transitions.org/expansion](https://healing-transitions.org/expansion).

## FORWARD TOGETHER MAKES BIG STRIDES

It's been just over one year since we kicked off the quiet phase of our FORward TogetHER Capital Campaign to build a recovery community of transitional housing for women and mothers in sustained recovery. **And thanks to the support of 57 key funders, we've already raised over \$6.5M to date!** We've also started to see the vision come to life as world-renowned sculptor Thomas Sayre starts the initial stages of his second Healing Transitions courtyard. His first was 20+ years ago and is still standing strong at our men's campus today. We can't wait to see Thomas' creative genius transform lives! To get involved with FORward TogetHER, please visit [forwardtogetherht.org](https://forwardtogetherht.org) or contact Chris Budnick at [cbudnick@healing-transitions.org](mailto:cbudnick@healing-transitions.org).

Special thanks to our campaign co-chairs: *Charles and David Meeker (2024), Chris and Melissa Matton (2025), and Clay and Lauren Wiczorek (2026).*

## OAKWOOD24 HITS MILLION DOLLAR MILESTONE

Yes, you read that right! This year's seventh annual Oakwood24 run/walk surpassed the **\$1M milestone in total funds raised for Healing Transitions** since its inception! Our deepest thank you to all who've helped make this event the dynamic force for recovery it has become! Whether you walked, ran, sponsored, showed up, served on a committee, or donated, your support has made a meaningful difference. And to our race founder, Jon Frey, none of this would be possible without you. THANK YOU for your dedication to recovery! To learn more, visit [healing-transitions.org/oakwood24](https://healing-transitions.org/oakwood24).

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# The *impact.*

The need for on-demand recovery services continues to soar alongside Wake County’s explosive growth. In 2024, Healing Transitions saw a significant increase in the number of individuals seeking help. Our dedicated staff rose to the challenge, and our community stood together to meet the unprecedented demand. Why? We believe all people struggling with addiction (especially the homeless, uninsured, and underserved) deserve services on demand — *as many times as it takes* — to find recovery. The following is the remarkable, record-breaking impact of your support.



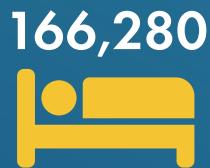
**4,701**  
PEOPLE SERVED  
(UNDUPLICATED\*)  
[18% INCREASE FROM 2023]



**4,825**  
SUCCESSFUL OUTREACH  
ATTEMPTS (CONTACT MADE)



**\$55**  
PROGRAM  
COST  
PER PERSON/PER DAY\*\*



**166,280**  
BEDS PROVIDED



**345K**  
MEALS  
SERVED



**72**  
SILVER  
CHIP  
GRADUATES  
(56 MEN, 16 WOMEN)



**454**  
AVERAGE DAILY CENSUS  
(5.9% INCREASE FROM 2023)



**\$41,592**  
GIVEN IN  
PRESCRIPTION ASSISTANCE  
(TOTALING 5,994 PRESCRIPTIONS)



**\$6,552,741**  
IN ALUMNI  
TAX WITHHOLDINGS



**482**  
PARTICIPANTS  
SEEN IN CLINICS  
(763 VISITS)



**3,218**  
VOLUNTEER HOURS



**\$153,887**  
IN ALUMNI WAKE COUNTY  
PROPERTY TAXES PAID



**640**  
NEW DONORS

\*Unduplicated persons: to accurately report how many people we serve, we count a participant only once, no matter how many direct services they received in a year.

\*\*Cost includes residential services (detox, emergency shelter, and long-term recovery program).

# The *journey.*

Each person who walks through our doors brings with them a unique story. For many, their path to recovery wasn’t easy and presented notable challenges. Yet, time and again, we witness insurmountable courage and perseverance. Here are three stories of Healing Transitions alumni who have risen to the challenge and are now fully embracing life in recovery.



## MEET CHASSITY

Chassity reflects on her journey with a sense of awe. *“I never imagined I’d be here,”* she says. Raised in Comfort, North Carolina, Chassity faced many challenges growing up, including the loss of her mother at a young age and being introduced to opiates at 16, which is when her life began to spiral. After her sons were taken by Child Protective Services, she knew she had to change. At Healing Transitions, she found hope. *“No matter how many times it takes, Healing Transitions will always be home.”*

Today, Chassity is thriving in recovery, reunited with her kids, and working as a dental assistant. *“I’ve been through more sober than I ever thought I could handle. And now, I handle it with grace.”*



## MEET JASON

Jason was 18 when he first experimented with cocaine and pain pills, sparking a years-long battle with addiction. A car wreck, arrests, and broken relationships followed, leading him to heroin and meth. His lowest point came when he overdosed in front of his son.

After jail and losing custody of his son, Jason hit rock bottom. A simple message from a Rapid Responder at Healing Transitions just checking in on him became the turning point for him. After his release, he found Healing Transitions. *“They gave me a place to sit down and be still.”*

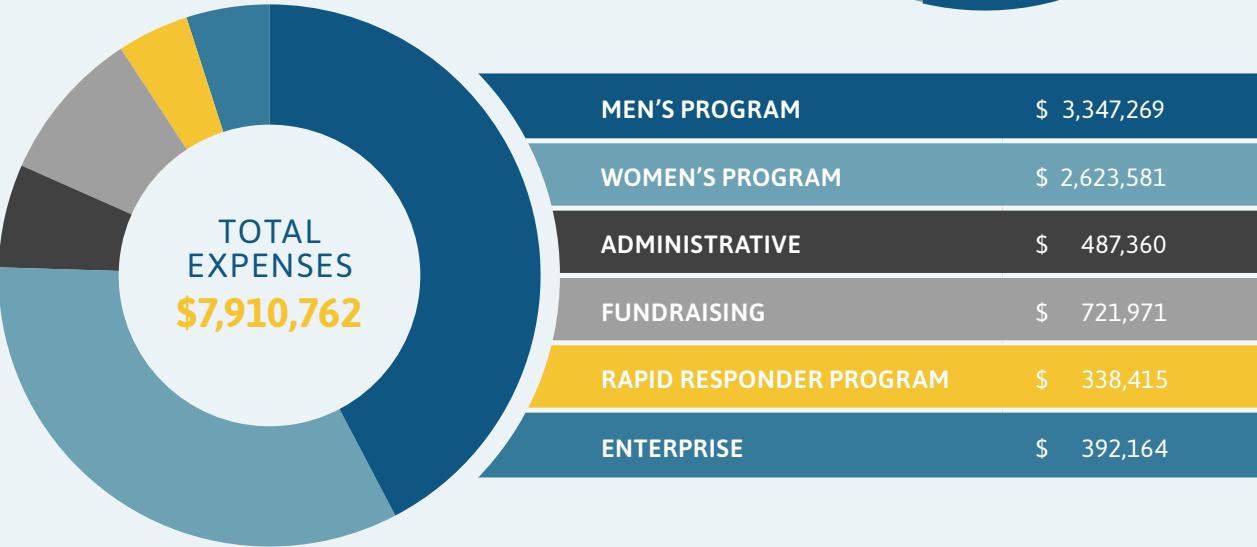
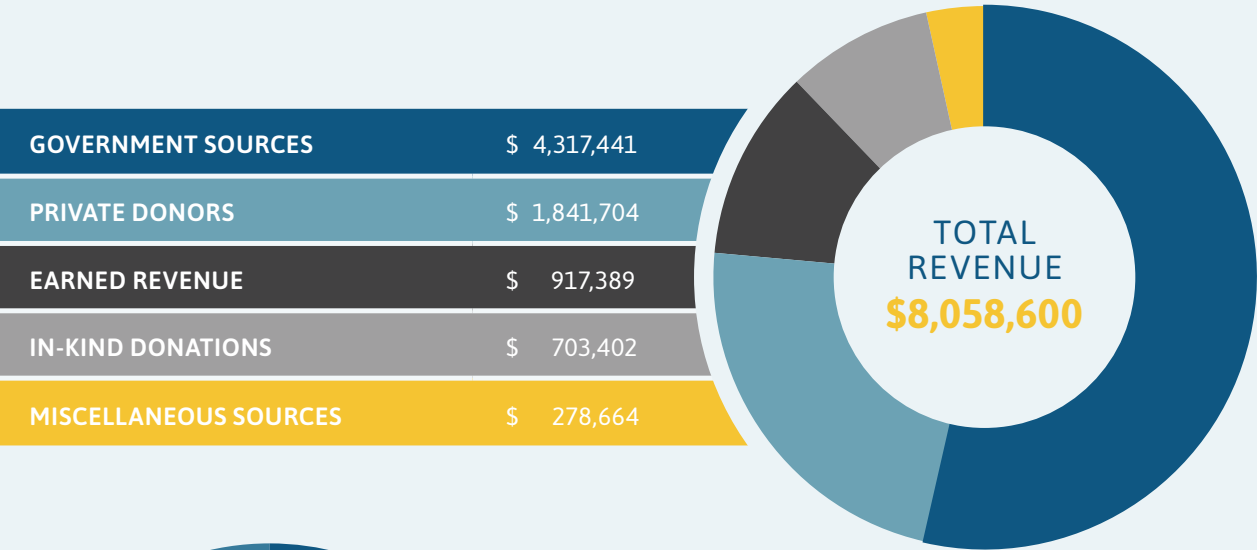
Jason is now in sustained recovery and cherishing time with his son. *“I want people to know that you can come back from losing everything — a house, a car, a job, a child — everything.”*



Scan the QR code to read more stories showcasing the miracles of recovery.

# The *numbers.*

In the face of insurmountable challenges, the support of our Village has never wavered. Numbers have a way of telling a story, here's just a glimpse at 2024's.



*“In 2024, Healing Transitions focused on strengthening our operational foundation to better support our mission. We enhanced efficiency by updating financial processes, implementing new software systems to reduce administrative burdens, and refining policies and procedures. These improvements may happen behind the scenes, but they play a vital role in ensuring that our teams can focus on serving participants without unnecessary obstacles. By streamlining business operations, we create a stronger, more sustainable organization that continues to provide life-changing support to those in need. It’s been a year of progress, and I’m proud of the work we’ve done to enhance the way we serve the recovery community.”*

– Deborah Foshee, Director of Operations

# Thanks for standing with *us!*

To each of our **1,604 generous donors** (640 of whom were first-time givers), our gratitude knows no bounds. To our **100+ community partners** (first responders, employers, healthcare providers, educational programs, and supportive organizations in the faith, criminal justice, recovery, fitness, and housing sectors), thank you! To our **numerous volunteers** who dedicate their time from serving on capital campaign steering committees to serving meals in the kitchen, we thank you! And to our **Board of Directors** and **steadfast staff**, thank you for your unwavering dedication to our mission. Your involvement is crucial in helping us move our mission forward. We are beyond grateful for your commitment to stand with us!

To our **Recovery Champions** – our leaders in giving – our gratitude knows no bounds!

*\*For a full listing of our 2024 Recovery Champions, please reference [healing-transitions.org/recovery-champions](https://healing-transitions.org/recovery-champions).*



# We our *ChangeMakers!*

ChangeMakers are a dedicated group of donors who are committed to supporting recovery on a monthly basis. Their sustainable, recurring support is critical for our mission and we could not operate without it. **Thank you ChangeMakers for being a part of the change you want to see in our community!** If you are not currently supporting monthly, but have been impacted by recovery in some form or fashion, we invite you to become a ChangeMaker. Your gift of \$55 per month will provide one full day of services for one individual. In recovery, every single day matters — one day at a time. Thank you!



Scan the QR code to learn more about ChangeMakers.





***"In a year where we reached new milestones in the number of individuals served, I am deeply humbled and inspired by the unwavering love and care the staff at Healing Transitions continues to demonstrate every single day."***

– Mick Quinlan, Board Chair



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Our 2024 *leadership.*



Our mission is to offer innovative peer-based, recovery-oriented services to homeless, uninsured, and underserved individuals with alcoholism and other drug addictions. Our program is specifically designed to rekindle a person's desire and ability to return to a meaningful and productive life.

(919) 838-9800  
philanthropy@healing-transitions.org

**healing-transitions.org**



**MEN'S CAMPUS /  
ADMINISTRATION**

1251 Goode St.  
Raleigh, NC 27603

**WOMEN'S CAMPUS**

3304 Glen Royal Rd.  
Raleigh, NC 27617