



*Moving forward  
together with  
**Courage***

 **HEALING  
TRANSITIONS**

2025 ANNUAL REPORT

# Together with *courage.*

Dear Village,

Looking back on this past year, I am moved by the courage that lives within the walls of Healing Transitions. It showed up in our Board of Directors, who championed our staff and participants amidst uncertainty in the future of the nonprofit sector; in our staff, who navigated life-or-death moments with compassion; and in our participants, who showed up again and again to fight for the lives they deserve. Courage shaped every moment of the last year. I am profoundly proud of our Village for facing the unique challenges of 2025 head-on to keep our innovative, peer-based, recovery-oriented services accessible, as many times as it takes. This work is not easy, and at times, it can be scary. Yet each day, our Village returns to do the work. We stand firm. We stand together. And we stand with courage. To every member who bravely showed up for recovery in 2025: thank you.

Some of the most courageous individuals I've met are the single mothers in our recovery program. They face obstacles that would stop most people—poverty, addiction, stigma, and the unbearable weight of separation from their children. Yet they rise to the challenge of recovery, fueled by the hope of reunification. Their bravery inspired our FORward TogetHER Capital Campaign, creating recovery-oriented housing for mothers, their children, and single women. We are deeply grateful to the donors who honor this courage and invest in a future where these families can move forward together.

Behind every number in this annual report is a story of courage, resilience, and unwavering commitment. Feel the courage that made every statistic possible and remember the dedication that made it last all year. To every Village member, thank you for your bravery and commitment to recovery. Here's to another year of meeting the growing demand for our life-saving services and fostering lasting change.

One day at a time,



Chris Budnick, *Executive Director*



# Our 2025 *milestones.*



## **WOMEN'S COURTYARD CONSTRUCTION FINISHES**

As part of our FORward TogetHER Capital Campaign, we thoughtfully transformed the Women's Campus courtyard into a vibrant space that fosters healing, connection, and family reunification. With guidance from renowned artists Thomas Sayre and Jess Todd-Marrone, as well as the input of our participants, the newly completed courtyard now includes a playground for child visitation and a welcoming outdoor environment where women in recovery can gather, reflect, and fellowship with their community.



## **FREEDOM HARVEST DONATIONS MORE THAN QUADRUPLE**

Our annual Freedom Harvest event, generously hosted award-winning Chef Scott Crawford, continues to grow in both size and impact. What began as an intimate dinner for close supporters has evolved into a vibrant evening of generosity, featuring a silent auction, paddle raise, and raffles that more than quadrupled donations from previous years. Surrounded by delicious food, fellowship, and a shared commitment to recovery, our Village came together to support the life-saving work happening at Healing Transitions.



## **MEN'S SHELTER AND KITCHEN EXPANSION FINISHES**

Another key part of our Recovery Can't Wait Capital Campaign, the expansion of our Men's Shelter and Kitchen is now complete. The renovation allows us to serve more individuals while creating a space that fosters dignity and connection. With larger kitchen and communal areas, participants can share meals, build relationships, and strengthen the supportive community essential to recovery. More than just a shelter, the upgraded space is a place where men can heal, grow, and feel truly at home.

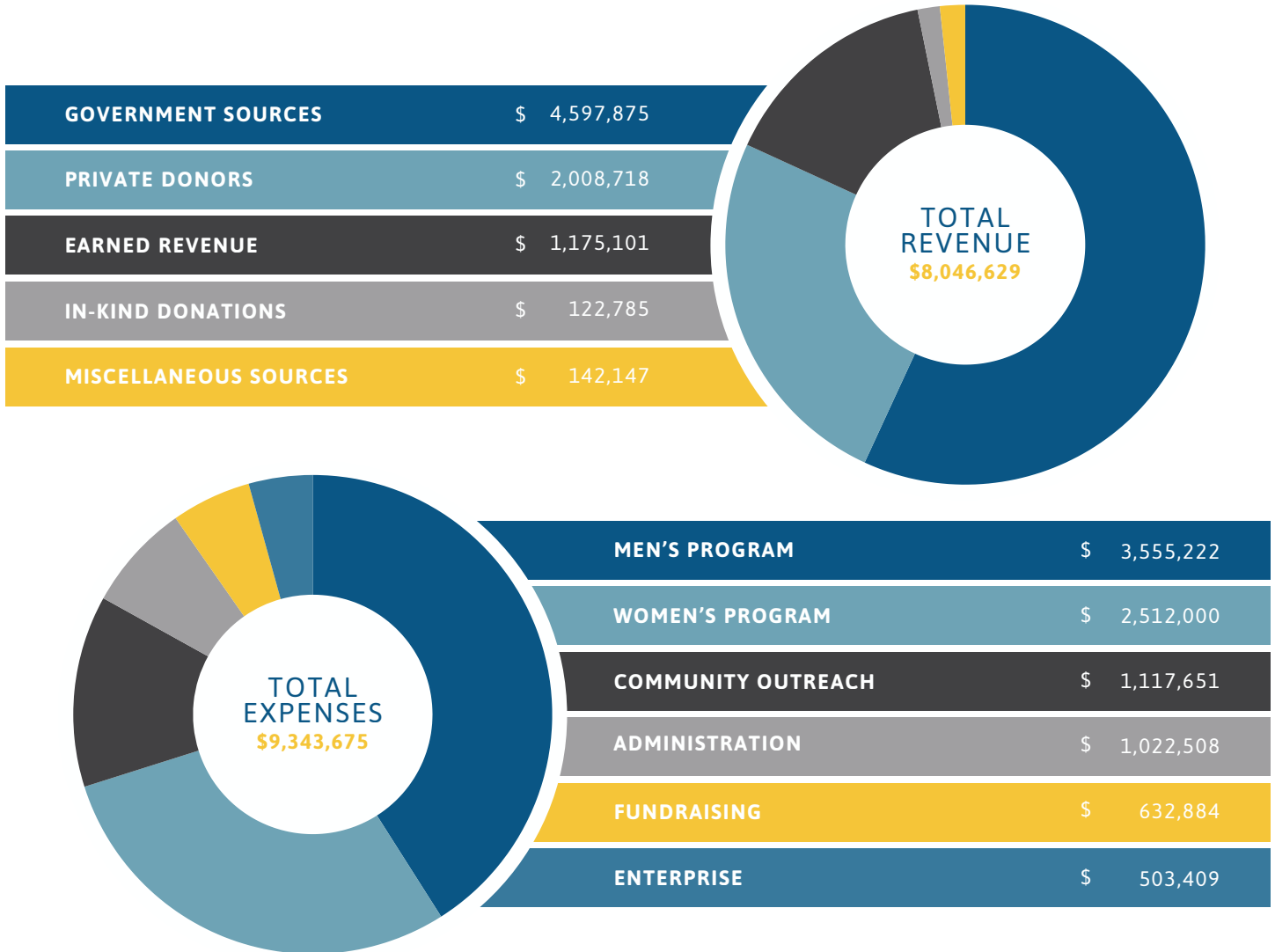


## **OAKWOOD24 MOVES TO NEW LOCATION**

Though bittersweet, over the past seven years, Oakwood24 has grown beyond the capacity of Oakwood Cemetery. We're deeply grateful for the seven amazing years we were welcomed there and for the Cemetery's unwavering support in helping our event thrive. This year, we moved to Lakeside Retreats, creating room for more runners and family-friendly activities in a beautiful natural setting, where attendees enjoyed cheering on ultra marathoners and connecting in community.

# The *numbers.*

Despite the numerous challenges and obstacles, the support of Our Village never wavers. Numbers have a way of telling a story, here's just a glimpse at 2025's.



*In 2025, we experienced a substantial operating deficit that reflects a period of significant growth and intentional investments in staff wages alongside the broader financial pressures impacting the nonprofit sector. Our deficit was anticipated, and through strong strategic financial planning and the use of healthy operating reserves, we remained stable and fully operational. Looking ahead to 2026, we've already begun to implement new revenue streams, diversify our funding portfolio, and identify cost-saving measures to bolster our long-term financial sustainability and health. We are inspired by what the future holds and confident in our path forward. Support from our village helps us meet urgent needs today while strengthening our organization for the future.*

# The *impact.*

As Wake County continues to grow at an unprecedented pace, so does the urgent need for on-demand recovery services. In 2025, Healing Transitions continued to experience incredible levels of demand in individuals seeking help, and our staff and community answered that call with unwavering commitment. Together, we met an extraordinary moment with compassion, courage, and action. Because we believe every person struggling with addiction—especially those who are homeless, uninsured, and underserved—deserves immediate access to care, *as many times as it takes*. The following is the powerful impact made possible by your support.



**4,337**  
PEOPLE SERVED  
(UNDUPLICATED\*)



**3,831**  
SUCCESSFUL OUTREACH  
ATTEMPTS (CONTACT MADE)



**\$55**  
PROGRAM  
COST  
PER PERSON/PER DAY\*\*

156,169



BEDS PROVIDED



395K

MEALS SERVED



**66**

SILVER CHIP  
GRADUATES  
[47 MEN, 19 WOMEN]



427

AVERAGE DAILY CENSUS



**\$41,315**  
GIVEN IN  
PRESCRIPTION ASSISTANCE  
[TOTALING 8920 PRESCRIPTIONS]



**\$8,731,667**  
IN ALUMNI  
TAX WITHOLDINGS



**501**  
PARTICIPANTS  
SEEN IN CLINICS  
[819 VISITS]



**2,251**  
VOLUNTEER HOURS



**\$123,161**  
IN ALUMNI WAKE COUNTY  
PROPERTY TAXES PAID



**508**  
NEW DONORS

\*Unduplicated persons: to accurately report how many people we serve, we count a participant only once, no matter how many direct services they received in a year.

\*\*Cost includes residential services (detox, emergency shelter, and long-term recovery program).

# FORWARD TOGETHER

RECOVERY HOUSING COMMUNITY FOR SINGLE WOMEN,  
MOTHERS, AND THEIR CHILDREN.

## ABOUT THE PROJECT

Access to recovery-oriented and affordable housing is a significant barrier to women alumni of our long-term recovery program. Too often women, especially single mothers, are forced to return to unsafe environments in order to live together with their children.

With *FORward TogetHER*, alumnae will live alongside peers in recovery creating a supportive, family-centered community. For residents with children, the community will have the space and resources to help them thrive. Supported by Healing Transitions' peer-oriented model and affordable rents, women can keep their families intact while building productive lives in recovery.



## THE CHAMPIONS

### HONORARY COMMITTEE

*Joan and Prentiss Baker, Co-Chair*  
*Carol and Bob Bilbro, MD, Co-Chair*  
*Cecelia and Mike Condrey*  
*Ann and Glenn Matteson*  
*Rhonda and Walter McNairy*  
*Kim and Fielding Miller*  
*Kenie Wrenn*

### STEERING COMMITTEE

*Charles Meeker, Co-Chair, 2024*  
*David Meeker, Co-Chair, 2024*  
*Melissa and Chris Matton, Co-Chairs, 2025*  
*Lauren and Clay Wieczorek, Co-Chairs, 2026*  
*Jeff Barnhart*  
*Heather and Scott Mauzy*  
*Terree Montgomery*  
*Mick Quinlan*  
*Chris Valauri*

# \$14 MILLION FOR INNOVATION

**\$12.4M**

Apartment construction and unit furnishings.

**\$1.0M**

Redevelopment of Women's Courtyard.

**\$600K**

Campaign costs and two-year operating reserve.

## AMENITIES

- 17 two- and four-unit affordable and recovery-oriented apartments that allow children
- Community, game, fitness, study, kid rooms, and more.
- Just steps away from Healing Transitions' Women's Campus

## TIMELINE

**JANUARY 2026**

Site work.

**MARCH 2026**

Public launch.

**APRIL 2026**

Vertical construction.

**JANUARY 2027**

Certificate of occupancy.

**FEBRUARY 2027**

Welcome home!



Scan the QR code to learn more about FORward TogetHER.



# The *journey.*

Every individual who enters our doors carries a story all their own. Many have faced difficult roads to recovery, filled with significant obstacles. Yet, we continually witness remarkable courage and determination. Here are two Healing Transitions alumni whose resilience has allowed them to overcome these challenges and fully embrace life in recovery.



## MEET JOY

Joy first came to Healing Transitions at crossroads, facing a stark choice between 15 years to life in prison, or committing to recovery.

What began as a decision driven by fear became a life transformed, leading her to four years of sobriety, a successful career, and a renewed sense of purpose helping others. As she says, ***“Just hold on, because what’s coming is greater than anything you could ever imagine.”***

Today, as **Silver Chip Alumni #328**, Joy is Healing Transitions’ Finance Manager, a loving grandmother of three, and a full-time student. Through recovery, and self-discovery, she has transformed her life and continues to inspire others every day.



## MEET CHAUN

Chaun’s struggle with substances began casually, but over the years, his use escalated, and the consequences grew impossible to ignore. Eventually, he lost everything he held dear: his wife, his dog, and his home.

Twelve hours after leaving detox, refusing long-term recovery, Chaun hit rock bottom. He realized continuing down the same path would lead him nowhere, or to his death. ***“I know what the streets offer, but let’s see what Healing Transitions can do for me.”***

In 2024, Chaun became **Silver Chip Alumni #1115**. Today, he serves as the Administrative Assistant at the Men’s Campus, using his journey to guide and support other men seeking lasting recovery.



Scan the QR code to read more inspiring stories about recovery and healing.

# Thanks for standing with *us!*

We are deeply grateful to the donors who make our mission possible through their generosity and trust. Whether your giving is directed towards **general operations**, our capital campaigns (**Recovery Can't Wait** or **FORward Together**), or our **endowment fund**, each investment plays a vital role in sustaining life-saving recovery services. Because of you, hope remains accessible and healing remains possible for those who need it most.

A special thank you to our **Recovery Champions**, who give more than \$5,000 in a calendar year. Your generosity fuels our mission and makes recovery possible for thousands in our community.

To learn more about the Recovery Champions program, visit [healing-transitions.org/recovery-champions/](https://healing-transitions.org/recovery-champions/).



## We our *ChangeMakers!*

ChangeMakers are the steady force behind recovery, providing reliable monthly support that makes our mission possible. **Thank you to our ChangeMakers who stand with our community and invest in lasting change.** If recovery has touched your life, we invite you to become a ChangeMaker. A monthly gift of \$55 covers an entire day of care and support for one person on their recovery journey. Progress is built one day at a time, and your generosity ensures each of those days counts.



Scan the QR code to learn more about ChangeMakers.

*This year marked continued growth for Healing Transitions—not only in the services we provide and the facilities we support, but also in the increasing need within our community. Meeting that need would not be possible without the extraordinary dedication of our staff. I remain continually inspired by their compassion and commitment. Many return each and every day to give back, helping others find the same freedom and hope they themselves have discovered.*

*- Mick Quinlan, 2025 Board of Directors Chair*



## BOARD OF DIRECTORS

**Mick Quinlan**  
Chair

**Josh Diver**  
Board Member

**Eric Barber**  
Vice Chair

**Jim Foster**  
Board Member

**Mark Ezzell**  
Secretary

**Michell Gilliam**  
Board Member

**Jenneth Mitchell**  
Treasurer

**Neil Gray**  
Board Member

**Herb Barbee**  
Board Member

**Dan Johns**  
Board Member

**Jeff Barnhart**  
Board Member

**Dorinda Powell-Adams**  
Board Member

**Dr. Scott Bilbro**  
Board Member

**Maria Spaulding**  
Board Emeritus

**Scott Crawford**  
Board Member

## BOARD OF TRUSTEES

**Jerry Weaver**  
Chair

**Barbara Goodman**  
Trustee

**Richard Gaylord**  
Vice Chair

**Chris Valauri**  
Trustee

**Scott Mauzy**  
Treasurer and Secretary

**Darryl West**  
Trustee

**Dr. David Fitzpatrick**  
Trustee

**Dr. Leon Woodruff**  
Trustee

**Evelyn Barber**  
Trustee

**Dr. Robert Bilbro**  
Board Emeritus

**Evelyn Booker**  
Trustee

**Susanne Hayes**  
Board Emeritus

Our 2025 *leadership.*



919-838-9800

[philanthropy@healing-transitions.org](mailto:philanthropy@healing-transitions.org)

[healing-transitions.org](http://healing-transitions.org)

*Our mission is to offer innovative peer-based, recovery-oriented services to homeless, uninsured, and underserved individuals with alcoholism and other drug addictions. Our program is specifically designed to rekindle a person's desire and ability to return to a meaningful and productive life.*

**Men's Campus /  
Administration**

1251 Goode St  
Raleigh, NC 27603

**Women's Campus**

3304 Glen Royal Rd  
Raleigh, NC 27617